LOVE FOR FAMILY

Make a family chain with construction paper and scissors.

Cut as many people out of paper as you have in your family.

Draw happy faces on all of them,

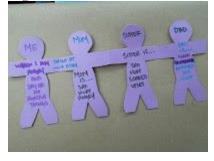
Or write respectful words like "Please", "thank you"...on each of them.

Idea from this website which also has other wonderful ideas

http://www.psrideaweb.com/2012/12/chain-chain.html

Chain Chain Chain

Here is a visual to help clients understand empathy for others, and how their reactions (positive or negative) can be a chain reaction, affecting more than they may realize.



This chain is an example I used for a client, using it to explain even though it is simple to process how the other person in the argument feels, there are others who probably have strong feelings about outbursts or strong reactions.

For example, when yelling at mom, she may feel hurt, upset or frustrated, but also may scare a younger sibling or be stressful and frustrating to other family members.

Here is how I made this family chain..

Fold a piece of paper, accordion style, folding it depending on how many people are in the client's family.



Draw a simple outline of a person (you can also use a gingerbread man cookie cutter for an outline).



Cut out the drawing, making sure not to cut the edges of the arms.



Unfold it and you have your chain!



This activity can be altered for each individual child, environment or situation, and can also be used in different forms, like playing dominoes or making a paper chain.